

Florida Thespians Virtual State Festival

Pre-Recorded Workshops Available 3/17 through 3/20

Title	Artist	Description
Connecting the Mind and the Body: Chekhov's Psycho-Physical Exercises	Paul Hurley	Each of us have habitual ways of moving, speaking, and being in life, and these habits can sometimes get in our way when performing. In this workshop you will be introduced to some of Michael Chekhov's fundamental tools: Expansion/Contraction and the Qualities of Movement. Through the exploration of these tools you will expand and greatly increase your range as an actor, and begin to develop a powerful mind-body connection!
Getting Into Your Body Through Chekhov's Archetypal Gestures	Paul Hurley	Ever struggle with what you should do with your body on stage? The Michael Chekhov Acting Technique is a psycho-physical approach to acting, and in this workshop you will play around with the tool of Archetypal Gestures. Each gesture that we will explore uses the imagination, body, voice, energy and movement to generate creativity and inspired acting!
Creating the Soul of a Play: Chekhov's Atmospheres	Paul Hurley	The lack of atmosphere is one of the biggest things missing in theatre and acting. Atmosphere is considered the soul of the performance – it's what hits the audience first, and lingers long after they leave. In this workshop you will learn how to create strong ensembles through the exploration of Michael Chekhov's tool of Overall Atmospheres, as well unique characters through the tool of Personal Atmospheres. This work is incredibly freeing, playful, and fun!
Discovering Character Through Chekhov's Energy Centers	Paul Hurley	Looking to create complex and three-dimensional characters? When coaching performers, Michael Chekhov always asked the actor if their character was predominantly Thinking, Feeling, or Willing. All human behavior is contained in one of these three categories. In this workshop you will learn how to create dynamic characters through the exploration of these three psychological forces!
Laban and the 8 Human Efforts	Matt Burke	This simple and effective system will show the actor 8 distinct and dynamic ways to create character through moving and speaking.
Acting On Camera: Stepping On To the Virtual Stage	Matt Burke	Learn the basic techniques of acting for film and television along with how to avoid the common mistakes made by beginners.
Intro To Puppetry	Kevin Michael Wesson	Intro to Puppetry, Students will learn the basic skills to animate the inanimate through the three tenets of puppetry. Grounded in found object puppetry, this workshop will serve as a base-level footing to venture into more specific and advanced types of puppetry.
Shadow Puppetry Basics	Kevin Michael Wesson	Shadow Puppetry Basics, Students will learn some of the various types of shadow/light puppetry, the basic elements needed for a shadow show, and the differences surrounding this form of puppetry. This workshop is perfect for folks curious about puppetry and the roles shadow can play in storytelling.

The DAILY8COUNT Experience	Brian Curl	Join Brian Curl for a week of brief dance workshops with The DAILY8COUNT Experience!
I Wanna Be And Actor, Not A Waiter	Brian Curl	Thriving in the professional theatre scene can be tough. Join working musical theatre performer Brian Curl as he answers questions and discusses selecting a college, auditions, booking a job, and simply getting by. Open to all levels: students and teachers.
The Broadway Dance Experience: HIGH SCHOOL MUSICAL	Brian Curl	Come and learn a fun combination from a Broadway-style show in this interactive session. Grab your confidence, make space in your room, and get ready to dance! Dress comfortably and be prepared to move. Open to all levels: students and teachers.
The Broadway Dance Experience: A CHORUS LINE	Brian Curl	Come and learn a fun combination from a Broadway-style show in this interactive session. Grab your confidence, make space in your room, and get ready to dance! Dress comfortably and be prepared to move. Open to all levels: students and teachers.
The Broadway Dance Experience: MOULIN ROUGE	Brian Curl	The Broadway Dance Experience: Come and learn a fun combination from a Broadway-style show in this interactive session. Grab your confidence, make space in your room, and get ready to dance! Dress comfortably and be prepared to move. Open to all levels: students and teachers.
So, You Think You Can Riverdance?	Travis Kent	Learn the basics of Irish Dance from the comfort of your livingroom with Broadway's Travis Kent.
Impulses Through Viewpoints	Erin Carr	During this workshop, we will explore the Viewpoints theory, as created by Mary Overlie, and its influence on impulse and imagination. We will start with the basics of Viewpoints - specifically time, shape, & shape - to discover the body's natural impulses, both internal and external. You will need movement clothing and available space to explore physically.
Discovery Through Viewpoints	Erin Carr	This workshop will delve into the Viewpoints technique, as created by Mary Overlie, to reexamine character creation and story structure. You will be given the tools to develop your own work through movement. We will use shape and topography to create characters, along with time and space to reexamine movement and story.
Beyond Grotowski's Cat	Erin Carr	This full body workshop, based on the work of Jerzy Grotowski, requires an open mind and ready body. Through this session each actor will discover their cycle of 'physicality to association/imaginative sparks' back into movement. We will create the opportunity for these discoveries through Grotowski's plastiques, the Cat, corporeals and, ultimately, the combination of this work into a River.
Projections 101	Mitch Stark	Would you like to get rolling with digital projections in your shows? This workshop hits all the fundamentals, with a collection of tips and tricks—all in non-techie, simple speak that will inspire you to dream big! Learn what gear to buy or rent, where to place it, the kind of screen you'll need and more. Your scenic storytelling is about to take a grand leap!

The Art of Projections	Mitch Stark	Projections aren't a stand-alone cinematic gag! They have a unique, artful place in modern theatre. They also have the potential to work in perfect concert with costumes, sets, actors and lighting. This workshop explores and analyzes theatrical art, color, and animation principles. Your use of projections will be story-driven and perfectly married to the other elements of your production.
Age Makeup	Gordon Hensley	In this workshop makeup artist Gordon Hensley explains tips for the application of "age" makeup for stage.
Animal Makeup	Gordon Hensley	In this workshop makeup artist Gordon Hensley explains tips for the application of "Animal" makeup for the stage.
Gender Reversal Makeup	Gordon Hensley	In this workshop makeup artist Gordon Hensley explains tips for the application of "gender reversal" makeup for stage.
Zombie Dead Makeup	Gordon Hensley	In this workshop makeup artist Gordon Hensley explains tips for the application of "Zombie" makeup for the stage.
Biz of the Biz	Elaine Bromka	As an actor, you are a one-person business. So how do you make your acting dream a reality? Learn tips from a working N.Y. actress on how to find and get the job!
Making Your Monologue HOT*	Elaine Bromka	Learning the speech is only the beginning. What triggers can you explore to make your monologue matter?
Acting On Camera: How Do You Come Across?	Elaine Bromka	Explore the differences between stage and film acting and get the tips --now more important than ever in our self-taping world --on how to present your work professionally. Learn how to make an impact!
How to Create An Acting Career You Love	Robyn Cohen	Want to do it all? Stage? Screen? Commercials? Veteran New York and Hollywood actress and acting coach Robyn Cohen will share her road map to success, and more importantly, fulfillment. Students will come away with true insider tips on how to stand out, land auditions and get cast, as well as how to function as a top professional, find representation and earn a living.
The Hollywood Career: A Roadmap to Success	Robyn Cohen	In this workshop, seasoned Hollywood actress and acting coach Robyn Cohen will give guidance and direction to actors interested in having careers in Hollywood, and impart insider tips about what it takes to "make it!" Participants will gain insights not only into how to survive, but to thrive as a Los Angeles based actor. Students will be instructed about navigating the Hollywood industry, overcoming challenges, and succeeding while enjoying the ride!
The Meisner Technique & The Keys to Great Acting	Robyn Cohen	Through a series of exercises grounded in the Meisner technique, students will learn what it means to "Live truthfully under imaginary circumstances," and have an opportunity to experience first hand the practices that lead to 1st rate functioning as an actor. Utilizing the technique, they will grow and deepen in their craft, and come away from the workshop present to what makes great actors GREAT!

Straight Makeup for Theatre	Gordon Hensley	In this workshop makeup artist Gordon Hensley explains tips for the application of “straight” makeup for the stage. Topics include color selection, application, highlight and shadow, finishing techniques, health & safety, and removal.
Yoga For The Theater Maker	Kate Szekely	Clear some space, grab a mat or towel, and join Kate Szekely as she introduces you, the Theatre-maker, to some yoga practices that can inform your work and life.

**Florida Thespians Virtual State Festival
LIVE Workshops and Events**

Thursday 3/18/21

Time	Workshop/ Zoom Event	Artist/ Host
10:00 AM	Acting the Pop Song for Musical Theatre* <i>(come with a song prepared and background music ready)</i>	The Skivvies: Nick Cearley & Lauren Molina
4:00 PM	Preparing for College Auditions Virtual or Otherwise	Dave Clemmons

Thursday’s Thespian Forum:
All are welcome in any of these hour-long Zoom chats:

6:00 PM	Maintaining Your Light During Dark Times: how to keep, cultivate, and encourage creativity, care, and community	District 1 Host
6:00 PM	Working the Workshops: Join other thespians in discussing workshops you’ve seen, done, loved, and want to see again!	District 3 Host
6:00 PM	Building Relationship and Story without Touch: join us for some problem solving and story sharing as we all figure out how to create relationships on stage, while remaining socially distanced.	District 15 Host
6:00 PM	IB Theatre in Theory: Come discuss the many ways we can make our theatre programs thrive in an IB program!	District 4 Host

Friday 3/19/21

Time	Workshop/ Zoom Event	Artist/ Host
10:00 AM	Acting the Pop Song for Musical Theatre* <i>(come with a song prepared and background music ready)</i>	The Skivvies: Nick Cearley & Lauren Molina
4:00 PM	Preparing for College Auditions Virtual or Otherwise	Dave Clemmons

Friday's Thespian Forum:
All are welcome in any of these hour-long Zoom chats:

6:00 PM	Traveling a Show To State: From One Acts to Mainstages, let's talk about tricks and tips for successful traveling of our shows, and how we plan ahead!	District 14 Host
6:00 PM	Talking Tech: An open forum for student designers and technicians to network, share best practices, ask and answer questions about technical theatre.	District 8 Host
6:00 PM	From Junior Thespians to High School: How to transition to your next troupe, and what to expect. Open to Jr. and Senior High Thespians.	Junior Thespians Host

Saturday 3/20/21

Time	Workshop/ Zoom Event	Artist/ Host
10:00 AM	Acting the Pop Song for Musical Theatre* <i>(come with a song prepared and background music ready)</i>	The Skivvies: Nick Cearley & Lauren Molina
11:00 AM	Acting the Pop Song for Musical Theatre* <i>(come with a song prepared and background music ready)</i>	The Skivvies: Nick Cearley & Lauren Molina
1:00 PM	Preparing for College Auditions Virtual or Otherwise	Dave Clemmons

Saturday's Thespian Forum:
All are welcome in any of these hour-long Zoom chats:

2:00 PM	The College Search: Open Forum for Students, Teachers, and Parents to compare notes and share experiences, ask questions, and start planning.	District 7 Host
2:00 PM	Fit Check: Hair and Make-up and how to make sure your whole cast is looking 'stage ready.' Let's chat!	District 10 Host
2:00 PM	Stayin' Alive: Keeping your Troupe active during and after a pandemic	District 5 Host
2:00 PM	Lighting/ Sound/ EFX: Let's have an open Q & A about best practices, problem solving, and tech solutions!	District 11 Host
2:00 PM	Acting Through The Ages: A discussion and sharing of your best strategies and resources when performing work set in historical styles and eras. Students are invited to express their insecurities with older or historical texts and to share their success stories from exploring these rich works.	District 2 Host